

TheraPAQ Ice Pack for Injuries - Hot & Cold Gel Compress Packs for Back, Ankle, Knee, Arm, Shoulder Pain Relief - Reusable, Flexible Therapy Heat Wrap w/Adjustable Strap - Large Pack:14"x6" Review-2021



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HOT OR COLD THERAPY: The gel within these reusable ice packs for injuries is designed to harness both hot and cold energy. Store it in the freezer for a couple hours to have a cold pack or heat it up to have a microwave heating pad.

DURABLE & REUSABLE: Made with high-grade premium leak-proof plastic coating and gel body, you will be able to rely on the microwavable heating pad and cold compress wrap whenever you need it, now or in the future.

FLEXIBLE: In addition to having hot and cold capability, the reusable cold packs for injuries have full flexibility when frozen, allowing you to contour and shape it in a way that best serves joints and muscle. It makes a wonderful heated neck wrap!

ADJUSTABLE STRAP: With a fully adjustable strap, this ice pack for back pain relief is able to accommodate the most common muscle aches, pains and injuries, providing the option for tightening the hot and cold pack firmly to the appendage.

PAIN RELIEF THERAPY: This hot pack and lower back ice pack is a great remedy for all muscular injuries. It helps pains that exist in backs, ankles, knees, arms, shoulders or hip. Remember to use heat to aid stiff joints and ice to reduce swelling. Review 2021, feedback 2021, promo code, discount code 2021, buy, picture, description, sale, price comparison, cheap, cheapest, value for money.